

Living Waters Menu

We will stock the fridge with what she will need for the week.

Breakfast:

1. **Baleadas** – a Honduran style breakfast burrito made with homemade flour tortillas with beans, egg, and sour cream. Wake up early to learn how to make the tortillas.
2. **Pancakes** – pineapple or banana pancakes accompanied by a fruit plate
3. **American Breakfast** – bacon or sausage, eggs, toast and homemade hashbrowns.
4. **French toast al coco** – French toast dipped in coconut milk accompanied with fruit plate.
5. **Fritters** – flour biscuit fried with eggs, beans, sour cream and avocado.
6. **Honduran breakfast** – eggs, beans, chorizo, typical Honduran cheese and homemade corn tortillas
7. **Farewell Breakfast** – Homemade cinnamon rolls, and any favorite breakfast that was made or what is left in the fridge to cook.

Lunch:

1. **Burritos** -fish, shrimp or lobster made with homemade tortillas
2. **Chicken wings** – fried chicken wings in a pineapple or mango sauce that has a little bit of spice and homemade French fries.
3. **Hamburger** – conch, fish, chicken or shrimp or meat. With a homemade sauce. Accompanied with fried tostones or breadfruit (when in season)
4. **Quesadilla** – fish, shrimp, lobster or chicken with homemade chimol.
5. **Conch Soup** – with homemade coconut bread
6. **Pastelitos** – fried empanada with fish, chicken or ground meat with a homemade sauce on top.

7. Lion fish fingers – when available can sub one of with lunches with the fish fingers.

Dinner

1. Appetizer – Ceviche with Yucca chips

Main Course – Surf and Turf with chimichurri sauce, Mashed potatoes and mixed vegetables

2. Appetizer – Guacamole with chips

Main Course – Pork Ribs with coconut rice and side salad

3. Appetizer – Chimol with tostones

Main Course – Fried coconut shrimp with homemade pineapple sauce side of beans and rice and mixed vegetables

4. Appetizer – Refried bean dip with chips

Main Course – Chicken Fetticini, side salad and homemade rolls

5. Appetizer – Conch Fritters

Main Course – Meat Kabobs with baked potato and mixed vegetables

6. Appetizer – Mixed Ceviche

Main Course – Whole fried or Baked Fish with coleslaw or white rice and homemade beans

7. Farewell Bonfire and BBQ night

Appetizer – what is left in the fridge for an appetizer

Main course – BBQ steak, shrimp, chicken or lobster. Potato salad, refried beans, pico de gallo and homemade corn tortillas

Dessert – Flan , Keylime pie or Coconut pie (if you would like dessert any other night besides last night please let us know)

If it looks like it is going to rain on the last night we will schedule the bonfire and bbq for the night before.

Let us know what else you would like us to schedule. In home massage, guided hike through the national park, snorkeling, fishing or Day trip to Pigeon Cay (lunch will be served at the cay). We are here to make your vacation worry free!